



**Able Trek
(TOURS)**
P.O. Box 384 Reedsburg, WI 53959
608-253-0241
staff@abletrektours.com www.abletrektours.com

2026 OFFICE USE

☐ LIFT ☐ T/D ☐ ADA Accommodations ☐ WCH
☐ DIABETIC ☐ Insulin ☐ (1:1) ☐ (1:2) ☐ OWN
☐ SEIZURES ☐ SX Inappropriate ☐
☐ BLIND ☐ SMOKER ☐ CPAP ☐ INCONTINENT
☐ ALLERGY

Date: _____

2026 TRAVELER APPLICATION

Please complete this application in full. Attach additional pages and/or any behavioral programs.
All information will be held in confidence and is required to ensure a safe, enjoyable, and positive travel experience. **Print or type clearly.**

Traveler's FULL LEGAL NAME: _____
(Last) (First) (Middle) (Common First Name)

Indicate the Traveler's **FULL LEGAL NAME EXACTLY AS IT APPEARS ON THEIR I.D. CARD OR PASSPORT.** This is **CRITICAL** for flight, rail and cruise trips.
Not providing the EXACT FULL LEGAL NAME will result in security issues at airports, etc., and financial penalties for name change fees. **Attach a copy of the Traveler's photo ID or passport (whichever is applicable) if they are attending a flight, cruise or international vacation.**

Address: _____
(Street and/or Box #) (City) (State) (Zip code)

Traveler's Phone: Home (____)____-____ Cell (____)____-____ Email _____

Birth date: ____/____/____ Age: ____ Height: ____ Weight: ____ Male ____ Female

An AMBULATION category MUST be indicated or the application is incomplete and will not be accepted.

____ **AMBULATORY** (Able to walk a distance of 1 to 2 blocks at a time, can independently climb 10 stairs.)

____ **PARTIALLY AMBULATORY** Uses a walker or cane? Yes / No Can climb 5 steps? Yes / No
Unsteady, easily fatigued, lacks strength or needs assistance walking? Yes / No
Able to transfer independently (from wheelchair, toilet, seat, etc.) without assistance? Yes / No

Briefly explain: _____

____ **NON-AMBULATORY** Uses a wheelchair? Yes / No (Describe in detail on page 2 of Ambulation section)

Hotel Accommodations (CHOOSE) ____ Double (2 guests/2 beds) ____ Single (1 guest/1 bed) ____ ADA (Handicap Accessible w/1 bed)

Traveler's Parent or Guardian: (name) _____

Address: _____
(Street and/or Box #) (City and State) (Zip code)

Phone: Home (____)____-____ Work (____)____-____ Cell (____)____-____

Email address (print clearly): _____

Traveler's Doctor: (name) _____

Doctor's Phone: (days) (____)____-____ (evenings) (____)____-____

In the event of an **emergency contact** (Indicate two people):

Name: _____ Relationship: _____ Email: _____

Phone: Home (____)____-____ Work (____)____-____ Cell (____)____-____

Name: _____ Relationship: _____ Email: _____

Phone: Home (____)____-____ Work (____)____-____ Cell (____)____-____

To whom should ALL travel correspondence be sent? (Traveler Forms, Final Itinerary, Packing List, Reminders, etc)

Agency Name: _____ Contact Person: _____

Address: _____
(Mailing Address -Street and/or Box #) (City and State) (Zip code)

Phone: Days (____)____-____ Evening (____)____-____ Cell (____)____-____

Email address (print clearly): _____

ABILITIES AND DISABILITIES: (Check all that apply) ☐ Not Disabled ☐ Learning Disabled
☐ Cognitively / Developmentally Disabled
☐ Mild ☐ Moderate ☐ Severe ☐ Profound
☐ Physically Disabled
☐ Blind ☐ Hearing Impaired ☐ Non-Verbal ☐ Limited Mobility

AMBULATION

*Travelers who require mobility related care and/or need any assistance transferring are **REQUIRED** to provide their own caregiver who is familiar with their cares and needs. Travelers who require assistance transferring (toileting, dressing, bedtime, etc.) are welcome to travel but **ONLY** accompanied by their own personal caregiver. Able Trek staff are not permitted to lift travelers or assist with transferring. Providing inaccurate or incomplete information about a traveler's mobility needs will result in the Traveler not being allowed to travel.*

DOES THE TRAVELER HAVE LIMITED MOBILITY? ☐ No ☐ YES If YES, complete section below.
☐ Manual Wheelchair ☐ Electric Wheelchair ☐ Uses Walker ☐ Tires Easily

Is the Traveler able to independently navigate 5 steps to board the motorcoach? ☐ Yes ☐ No
 Do the Traveler & their wheelchair require a tie-down location (no transfer) in the bus? ☐ Yes ☐ No
 Can the Traveler independently transfer from their w-chair into & ride in bus/vehicle seat? ☐ Yes ☐ No
 Can the Traveler independently transfer (on/off toilet, in/out of bed)? ☐ Yes ☐ No
 ★ Does the Traveler require an ADA accessible room w/roll-in shower stall at the hotels? ☐ Yes ☐ No
 Is the traveler able to independently follow a group without hands on assistance? ☐ Yes ☐ No

★ *Travelers who require ADA fully accessible lodging accommodations (roll-in showers, wide door entrances, grab bars in bathroom, etc. will be required to pay the "Single/ADA" rate because these rooms have only one bed.*

BASIC INFORMATION (Please check any of the following that apply):

<input type="checkbox"/> Reads	<input type="checkbox"/> Wanders (Describe below)	<input type="checkbox"/> Heart Condition
<input type="checkbox"/> Writes	<input type="checkbox"/> Blood Disorder	<input type="checkbox"/> Pacemaker/defibrillator
<input type="checkbox"/> Poor Coordination /Balance	<input type="checkbox"/> Mentally Ill	<input type="checkbox"/> VAD (Ventricular Assist Device)
<input type="checkbox"/> Trips/Falls Easily	<input type="checkbox"/> Psychological Impairment	<input type="checkbox"/> Speech Impairment
<input type="checkbox"/> Episodes of Dizziness	<input type="checkbox"/> Mood/personality disorder	<input type="checkbox"/> Non-verbal
<input type="checkbox"/> Uses Adaptive/Assistive Equip.	<input type="checkbox"/> Sensory Issues	<input type="checkbox"/> Uses ASL (American Sign Language)
<input type="checkbox"/> Cerebral Palsy	<input type="checkbox"/> Autism	<input type="checkbox"/> Irregular Sleeping
<input type="checkbox"/> Muscular Dystrophy	<input type="checkbox"/> Obsessive/Compulsive Disorder	<input type="checkbox"/> Motion Sickness
<input type="checkbox"/> Spina Bifida	<input type="checkbox"/> Anxiety	<input type="checkbox"/> Smokes (Amount? _____)
<input type="checkbox"/> Multiple Sclerosis	<input type="checkbox"/> Visually Impaired	<input type="checkbox"/> Fear of Heights
<input type="checkbox"/> Stroke (any deficit describe)	<input type="checkbox"/> Wears Glasses	<input type="checkbox"/> Fear of Water
<input type="checkbox"/> Arthritis	<input type="checkbox"/> Wears Dentures	<input type="checkbox"/> Swimmer
<input type="checkbox"/> Terminal Illness	<input type="checkbox"/> Wears Hearing Aids	<input type="checkbox"/> VNS (Vagus Nerve Stimulator)

Describe, **in detail**, any item checked above _____

DETAILED INFORMATION: Provide as much **SPECIFIC** information and **DETAILS** as you can. This helps our staff to provide the best possible care for the Traveler. Attach additional pages if necessary. Travelers must be independent in their toileting and personal cares to be assigned to our volunteers. **Travelers needing assistance with toileting must travel with their home staff to ensure cares are provided.**

TOILETING: ☐ Independent ☐ Incontinent - Yes / No ☐ Catheterization - Yes / No
☐ Needs assistance If yes: ☐ Urine ☐ Stool If yes: ☐ Independent
☐ Wears Depends ☐ Rare ☐ Frequent ☐ Needs assistance

Explain: _____

DRESSING: ___ Independent ___ Partial Assistance (set up) ___ Total (physical) Assistance (**Own staff required** detail)

SHOWERING: ___ Independent ___ Set Water Temperature ___ Assistance with washing self (**requires own staff**)
___ Requires a roll/walk in shower (Roll in Showers require a private/ single room)

GROOMING: ___ Independent ___ Teeth Brushing-Set up Assist ___ Assist w/shaving (own electric razor only)

MEAL TIME: ___ Independent ___ Cut/chop food ___ Mechanical soft ___ Pureed ___ Staff Must Feed
___ Assistance ordering ___ Assistance paying ___ Food Allergies ___ Special Diet

DIABETIC? ___ **NO** ___ **YES** If YES, complete the rest of this section. ___ Type 1 ___ Type 2
Does the Traveler test blood glucose levels? ___ NO ___ YES If YES, do they test independently? ___ NO ___ YES
Requires insulin injections? ___ NO ___ YES If YES, do they self-inject or need assistance? ___ SELF ___ ASSIST
A traveler must bring their own staff if unable to self inject any required medication.
Describe in **DETAIL** diabetic care – typical levels, are levels normally stable or unstable, dietary details, etc.

MONEY MANAGEMENT: ___ Independent (Traveler will handle, count and budget own money on the trip)
___ Semi-independent (can carry a small amount of money but staff needs to hold the majority of their money)
___ Complete Assistance (staff need to hold onto all money and assist with all purchases)

TIME MANAGEMENT:
Getting "ready" in the morning: ___ 30 minutes or less ___ 30 minutes to 1 hour ___ Over 1 hour
Eating/meal time: ___ 30 minutes or less ___ 30 minutes to 1 hour ___ Over 1 hour

EPILEPSY/SEIZURE DISORDER? ___ **NO** ___ **YES** If YES, complete the rest of this section.
TYPE: ___ Atonic (drop seizures) ___ Petit Mal (Absence seizures) ___ Tonic Clonic (Grand Mal) ___ Partial

VNS Device? ___ **NO** ___ **YES**

Are the Traveler's seizures well controlled? ___ NO ___ YES Describe in **DETAIL** (frequency, length, recovery time, care after seizure, when EMT or hospitalization should be sought, etc.).

MEDICATION MANAGEMENT: Will the Traveler be taking medication on the trip? ___ NO ___ YES
Is the Traveler completely self-medicating (be aware routines can be distorted on trips)? ___ NO ___ YES
Any as needed medications must be sent and labeled with the traveler.

Reason(s) for medication(s):

ANY ALLERGIES TO MEDICATIONS? : _____

EVENING/SLEEPING ROUTINE: Normal time to bed: _____ PM Normal wake-up time: _____ AM

CPAP? ____ YES ____ NO **Distilled water is NOT provided.** For air travel TSA approved bottles can be purchased online or placed in a suitcase in a tight sealed thermos.

Does the Traveler normally sleep through the night? ____ YES ____ NO

If NO, describe below. Include any details about sleeping patterns (snores loudly, goes to sleep with TV on, talks in sleep, incontinence at night, etc).

BEHAVIORAL and INTERACTION INFORMATION/CONCERNS:

Please indicate and describe in detail any behavioral concerns that apply to the Traveler.

____ Injurious to self	____ Physically aggressive toward others	____ Destructive to property
____ History of stealing	____ Does not follow verbal directions	____ Inappropriate touch
____ Verbally aggressive	____ Interacts inappropriately with others	____ Fabricates stories
____ Does not function well in organized activities unless supervised 1:1		____ Sexually inappropriate
____ Does not accept staff assistance, reminders, support, etc. in an appropriate manner.		

Please describe any behavioral concerns and how they are best handled. _____

Has the Traveler been with Able Trek Tours on a previous vacation? (Circle one) Yes / No

Has the Traveler ever been denied access to other vacation, camp or leisure providers? (Circle one) Yes / No

Traveler's Likes: _____

Traveler's Dislikes: _____

Traveler's Fears: _____

Traveler's Special Skills: _____

What expectations does the Traveler, parents (guardian) and/or caregivers have for this vacation?

Trip staff to Traveler ratio is 1:3 or 1:4. Care/supervision on vacations tends to be more intensive and demanding than in the home setting. A traveler that is unable to independently transfer from their wheelchair is required to provide their own support staff on trip(s). **Will the Traveler function well with this level of supervision?** If no, explain.

** Staff to Traveler ratio of 1:1 is available in many circumstances. Travelers can bring their own support staff or staff can be supplied by Able Trek Tours. Able Trek Tours has the right to require a traveler be staffed with their own home staff. 1:1 pricing is listed on our website and in our book with each trip. You MUST inform Able Trek Tours well in advance of the trip if you feel the Traveler would function better with a 1:1. Able Trek may also determine and require that a Traveler requires 1:1 staffing to*

attend. Most Travelers who use a wheelchair for mobility and/or require transfer assistance will be required to supply their own 1:1 support staff.

INSURANCE COVERAGE: Insurance for accidents or illnesses while participating in Able Trek Tours is the responsibility of the Traveler and/or their family or guardian. Please list the Traveler's health/accident; medical/hospital insurance coverage. Travel cancellation insurance including some medical coverage is available – contact Able Trek Tours for info.

CARRIER: _____ POLICY/GROUP #: _____

MEDICAL ASSISTANCE #: _____

OTHER: _____

ABLE TREK TOURS CONSENT FORM

Traveler's Name: _____

Is the Traveler his or her own legal guardian? (Circle one) Yes / No

Instructions: Check each paragraph after reading to indicate that you understand and agree with it.

- _____ 1. I hereby attest all information within this application to be true and accurate to the best of my knowledge.
- _____ 2. I understand failure to provide accurate information may result in immediate dismissal from any Able Trek Tours program.
- _____ 3. I understand that photos are taken of groups on each trip by Able Trek Tours.
- _____ 4. I agree not to send any Traveler on any Able Trek Tour if they have been exposed to a contagious disease within four weeks of the trip start date.
- _____ 5. I am aware of, understand and agree to the cancellation timelines and financial penalties as described in the Able Trek Tours annual brochure, website and each trip itinerary.

TRAVELER'S CONSENT:

I agree to participate in the above stated Able Trek Tour(s). I have paid careful attention to all the above statements and understand them.

Printed name: _____ Signature: _____ Date: _____

LEGAL GUARDIAN'S CONSENT (if Traveler is not own legal guardian):

I am the parent and/or legal guardian of the above-mentioned Traveler, and I give my permission for (name of Traveler) _____ to participate in the above stated Able Trek Tour(s). I have carefully read all the above statements, understand them, and agree to abide by them.

Printed name: _____ Signature: _____ Date: _____

Relationship: _____ Email address: _____

Phone: (days) (____)____-____ (evenings) (____)____-____ (cell) (____)____-____

If participant will be taking a vacation that includes flight, cruising, rail or international travel; please attach a legible copy of the Traveler's state issued photo I.D., driver's license or passport book (whichever is applicable).



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****INCOMPLETE OR UNSIGNED DOCUMENTS WILL NOT BE ACCEPTED****

Able Trek TOURS POLICIES & INFORMATION

SMOKING POLICY

Participants may smoke only on planned rest stops and during designated free times in allowable areas. There is absolutely no smoking in vehicles or hotel rooms. Most attractions we visit have a no smoking policy. Travelers found smoking in hotel rooms will be responsible for hotel fees.

DRUGS AND ALCOHOL

Possession or use of illegal drugs or non-prescribed medications and consumption of alcoholic beverages is strictly prohibited by both Travelers and support staff during any trip. This uniform policy is required for the safety and wellbeing of all participants.

ILLNESS / INJURY

If a participant is unable to continue to travel with the group due to illness or injury, and they require transportation home; the participant is responsible for such transportation costs. Able Trek offers information for travel insurance at an additional fee. See bottom of page for Travel Insurance information.

PROPERTY DAMAGE OR DESTRUCTION

Participants who, intentionally or unintentionally damage or destroy property not belonging to themselves, are financially responsible for repair or replacement of damaged or destroyed property. Able Trek Tours, its staff and volunteers accept no financial responsibility for damaged or destroyed property.

MEDICATION DISPENSING

All non-self-medicating participant's medications and prescriptions must be individually pre-packaged according to the time and date of each dispensing. The guardian/parents/care staff/are responsible for making sure this is completed accurately. **Medications should not be packed in a Traveler's suitcase.** An extra day's supply of medications should be sent in case of emergency or trip delay. All medications will be surrendered to the Tour Director or person responsible for dispensing the medications at the time of check-in. Travelers who normally self-medicate can continue this practice on trips and package their medications in the way they are familiar with. Only send medications needed for trip length plus one day.

APPLICATION PROCESS

All information provided to Able Trek Tours must be complete and accurate to the best knowledge of the person completing the Traveler's Application. **Failure to provide accurate or complete information may result in immediate dismissal from any travel program.** Parent, guardian, care staff, and/or person completing the Traveler Application must provide immediate transportation home for the participant from any location should inaccurate and/or false information result in unknown safety (whether caused by behavioral, medical or ambulatory factors) for the Traveler, staff persons, other participants or persons in the community unless other arrangements are made with Able Trek Tours. No refund is available to the participant or their agent if the above is the case.

If known health and/or known behavioral concerns result in safety concerns for the participant, staff, other travelers or persons in the community; the parent, guardian, care staff and/or person completing the application in cooperation with Able Trek Tours will provide/arrange to provide transportation home for the participant.

Consent and waiver signatures must be those of the legal guardian. The Traveler Application will not be processed with unauthorized signatures. Participants should sign where indicated whether they are self-guardians or not.

Requesting trip information does not sign-up or guarantee a place for that tour. A guest's booking is secured when a Med Consent Waiver form and the full deposit for multi-day trips or payment in full for one-day trips is received. A 2026 Traveler Application is required for all tours. Multi-day trips also require a Medical Evaluation (Physical form) from an exam completed within a year of the trip. The Med Evaluation form must be completed and signed by a physician, NP or PA and returned to Able Trek by the pay in full date listed with the trip.

CONFIRMATION/CANCELLED TRIPS

Confirmation of booking will be sent within 14 days of receiving the required paperwork and payment. Able Trek reserves the rights to cancel any session (trip) due to insufficient registration. In the event of cancellation by Able Trek Tours; Travelers will be offered first choice in registering for other open trips, or their fees will be refunded in full.

TRIP FEE POLICIES

Requesting trip information does not sign-up or guarantee a place for that tour. A traveler's booking is not secured until a completed Med Consent Waiver and the deposit for multi-day trips or payment in full for one-day trips is received. This is on a first come, first served basis. Booking confirmation will be sent once paperwork and payment has been received by Able Trek. Multi-day trips require payment in full *no later than 60 days prior for motorcoach tours and a minimum 120 days prior for international, cruises and trips that include a flight.* Refer to the trip itinerary for specific deposit amount and paid in full date. **If payment in full is not received by the paid in full date, the guest will be removed from the tour and placed on to the wait list.** A traveler's place may be reinstated based on availability with payment in full. Payment must be made by check or money order.

FUEL SURCHARGE & TRIP ALTERATIONS

In the event of rising fuel costs, and/or airfares, Able Trek Tours, Inc. reserves the right to add a surcharge, not to exceed 10% of the trips cost. Because of ever-changing attractions, shows, schedules, etc., Able Trek Tours reserves the right to make substitutions and changes in the trips when necessary.

REFUNDS AND CANCELLATIONS

Please note: Some vacations may have more restrictive cancellation policies and penalties. If this is the case, it will be indicated on the trip itinerary. **Travelers who are "no shows" on the day of departure receive no refund whatsoever. Travelers who are "late" on the day of departure are considered no shows.** Travel Insurance is available for all trips; see below for information on how to request a quote.

Cancellation made prior to the paid in full date – A \$50 cancellation fee will be retained by Able Trek Tours. All other monies paid will be refunded.
Cancellation at or after the paid in full date – No refund will be issued if Able Trek Tours is unable to fill a traveler's place on the trip. If Able Trek can fill the vacated spot, exact amount of refund will be determined. Tours that include air, rail, cruise, and international travel are trips that will likely have a more restrictive cancellation policy.

TRAVELER IDENTIFICATION REQUIREMENTS

It is recommended that participants have a VALID state issued photo I.D. for every trip. Additional identification IS REQUIRED for trips that include air, rail, cruise or international travel. Specific I.D. requirements can be found on each trip itinerary. **Travelers who are refused boarding on any vacation due to lack of proper and current identification will not receive a refund whatsoever. Any travel outside the United States, even Canada and Mexico, will require a Passport BOOK – NO EXCEPTIONS!! "REAL" ID's are required for all domestic air travel after 5/6/25.**

TRAVEL INSURANCE

Travel insurance can be purchased to protect your if you are forced to cancel for a variety of reasons. It also includes coverage for some accidents and illnesses. To receive a quote, purchase or receive detailed information about **Travel and Cancellation Protection** coverage you may visit our website for a link to Travel Insured. <http://www.travelinsured.com/agency?agency=49342> or call Travel Insured at 855-752-8303.